



Roots of Empathy
Racines de l'empathie

Are you a proud parent with a new baby?
Will your baby be 2 - 4 months old in October?



You and your baby could be a Roots of Empathy family

Roots of Empathy is a program for children in kindergarten to grade 8. The program's aim is to increase empathy - the ability to understand another person's feelings.

Children learn to care and respect each other and there is less bullying and aggression.

A Roots of Empathy family:

- A mother and/or father visits a classroom in a local school with a Roots of Empathy Instructor.
- The visits are about 30 minutes long, once a month from October until June.
- The program helps children to learn about a baby's needs and how babies develop and lets children observe the loving relationship between a parent and baby.
- Babies must be 2 to 4 months old in October.

"Roots of Empathy is about changing the world classroom by classroom"

- Mary Gordon, Founder/President

For more information please contact:

*Your School Principal
*Family School Wellness Worker
or Family and Community Support Services
403.887.1137



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mail@rootsofempathy.org
www.rootsofempathy.org

