



Sylvan Lake Polar Bear Dip NOMINATION FORM

(Print nominated name here)

You have been nominated to plunge into the icy water of Sylvan Lake, Alberta on Saturday, February 13, 2010 by the following person (s),

(Print nominator's name (s) here)

Your nominators have committed to help you collect pledges to take the plunge.

The minimum donation required to participate is \$50.00. Your bravery will allow a Not for Profit group of your choice to benefit.

Please answer the following questions by marking with an "X".

Do you accept this challenge? Yes: _____ No: _____

Are you 18 years or older? Yes: _____ No: _____

If yes please proceed. If no please nominate someone 18 or over to take the dip in your place.

Contact Information:

Address: _____

Town/City: _____ Postal Code: _____

Phone #: (_____) _____ Cell # (_____) _____

Email address: _____ Fax # _____

T-Shirt Size (circle one): S M L XL XXL

DEADLINE FOR NOMINATIONS IS FEBRUARY 8, 2010
REGISTER EARLY AS THIS UNIQUE EXPERIENCE ALLOWS FOR ONLY
50 PARTICIPANTS

Please drop off this form at the Aquatic Centre or fax it to (403)887-2258 and phone (403) 887-2199 to confirm receipt of your fax: Attention: Jennifer Bickell
(You will be contacted to confirm your participation and an information package will be forwarded to you)