



Sylvan Lake

Community Resources Directory



Table of Contents

Arts & Culture	2
Children’s Programs, Childcare, Preschools	2
Churches & Religious Organizations.....	3
Clubs, Societies, Associations, Groups, Services & Organizations.....	4
Crisis & Community Support	5
Educational Agencies & Services	9
Employment & Training.....	11
Financial Assistance & Grants	11
Government Services	11
Health, Wellness & Medical	12
Housing.....	13
Police Services	13
Recreation & Sports	13
Senior Services.....	14
Volunteering	15
Municipal Departments	16
Help Lines	18
Emergency Numbers.....	19

Disclaimer: The Town of Sylvan Lake and Family and Community Support Services are in no way endorsing any business, agency, or organization listed in the online or print version of this directory.

Arts & Culture

Friends of Sylvan Lake Library

(P) 403-887-2130

4715 50 Avenue

Email: sylvan.library@prl.ab.ca

House of Music

(P) 403-864-4151

4001 50 A Avenue

Email: info@sylvanhouseofmusic.com

www.sylvanhouseofmusic.com

www.facebook.com/sylvanmusiclessons

Sylvan Lake and District Archives

(P) 403-887-1185 Ext. 262

5012 48 Avenue

Email: archives@sylvanlake.ca

www.facebook.com/SylvanLakeArchives

Sylvan Lake Art Society

(P) 403-887-3072

Email: sylvanlakeartsociety@gmail.com

www.facebook.com/SylvanLakeArtsSociety

Sylvan Lake Municipal Library

(P) 403-887-2130

(F) 403-887-0537

4715 50 Avenue

Email: sylvan.library@prl.ab.ca

www.sylvanlibrary.prl.ab.ca

www.facebook.com/SylvanLakeMunicipalLibrary

Sparc inc.

(P) 403-887-3981

31 Cuendet Industrial Way

Email: sparcdancestudio@gmail.com

www.facebook.com/SparcOfficialPage

Town of Sylvan Lake – Recreation and Culture Offices

(P) 403-887-2199

(F) 403-887-2258

4823 49 Avenue

Email: recreation@sylvanlake.ca

www.sylvanlake.ca

www.facebook.com/townofsylvanlake

Children's Programs, Childcare, Preschools

C.P. Blakely Kidz Club

(P) 403-887-4062

4815 43 Street

Email: cpkidzclub@live.ca

Jolt Kids Club

(P) 403-887-2004

(F) 403-887-5729

4290 50 Street

www.emergechurch.ca

www.facebook.com/EmergeChurchAB

Helping Hands Playschool

(P) 403-392-6362

4404 47 Avenue

www.helpinghandsplayschool.ca

kcs Association for Early Learning, Special Needs & Family Support

(P) 403-887-5330

(F) 403-887-5331

4725 43 Street

Email: info@kcs78.ca

www.kcs78.ca

Lighthouse Christian Academy

(P) 403-887-2166

(F) 403-887-5729

4290 50 Street

Email: lightca@telusplanet.net

www.lighthousechristianacademy.ca

www.facebook.com/LighthouseChristianAcademy

Kids & Company

(P) 403-864-9936

49 Hinshaw Drive

Steffie Kidz Club

(P) 403-887-4044

4720 45 Avenue

Email: steffiekidzclub@live.ca

Sylvan Lake Playgroup Society & CHIPS

(P) 403-392-0323

4725 43 Street

Email: slpgs@live.com

www.facebook.com/SylvanLakePlayGroupSociety

OLR (Our Lady of the Rosary) Kidz Club

(P) 403-396-5086

4520 Ryders Ridge Blvd.

Email: olrkidzclub@live.ca

Razzle Dazzle Family Day Home

(P) 403-887-3332

(F) 403-887-5051

110- 5028 50 A Street

Email: razzle1@telus.net

www.razzledazzlekids.ca

Churches & Religious Organizations

Alliance Community Church

(P) 403-887-8811

(F) 403-887-5511

4404 47 Avenue

Email: office@alliancecommunitychurch.ca

www.alliancecommunitychurch.ca

Apostolic Lutheran Church

(P) 403-887-2450

2034 TWP Road 382

www.sylvanlakeealc.org

Faith Lutheran Church

(P) 403-877-9634

2- 21 Beju Drive

Email: lutheranchurchsylvan@hotmail.com

Frontline Worship Centre

(P) 403-887-3313

(F) 403-887-3355

4904 50 Avenue

Email: info@frontlineministries-int.com

www.frontlineministries-int.com

www.facebook.com/FrontlineWorshipCentre

Sylvan Lake Emerge Church

(P) 403-887-2004

(F) 403-887-5729

4290 50 Street

Email: info@emergechurch.ca

www.emergechurch.ca

www.facebook.com/EmergeChurchAB

Lighthouse Fellowship Church of the Nazerene

(P) 403-887-5687

(F) 403-887-5625

5024 50A street

Email: sylvannazchurch@yahoo.ca

Our Lady of the Assumption Catholic Church

(P) 403-887-2398

(F) 403-887-4090

5033 47 A Avenue

Email: ourloa@caedm.ca

www.ourloa.weebly.com

Seventh Day Adventist

(P) 403-887-2604

4607 47 Avenue

Email: sylvandsa@gmail.com

www.sylvanlakeadventist.ca

St. Mary's & St. Timothy's Anglican Church

(P) 403-887-1401

4308 50 Ave

Sylvan Lake Memorial Presbyterian Church

(P) 403-887-5702

(F) 403-887-5289

5020 48 Street

Email: memorial_office@shaw.ca

www.slmipc.ca

Clubs, Societies, Associations,
Groups, Services & Organizations

Traditional Scouting- 1st Sylvan Lake BPSA

(P) 587-887-3097

Email: sylvanlakebpsa@shaw.ca

Catholic Women's League

(P) 403-887-2398

5033 47A Avenue

CLUB 55

(P) 403-887-2601

Girl Guides of Canada

Memorial Presbyterian Church

5020 48 Street

www.girlguides.ca

HJ Cody Interact Club

(P) 403-887-2412 EXT. 4330

4520 50 Street

Knights of Columbus 10348

(P) 403-505-4755

Email: dporter@dcinspection.ca

Lakeview Optimist Club

www.optimist.org

www.facebook.com/sylvanlakeoptimistclub

Pathfinders

(P) 403-848-4055

4607 47 Avenue

Sylvan Lake & District Lions Club

(P) 403-887-3390

5119 50 A Avenue

Sylvan Lake Chamber of Commerce

(P) 403-887-3048

5012 48 Avenue

Email: info@sylvanlakechamber.com

www.sylvanlakechamber.com

www.facebook.com/SylvanLakeChamber

Sylvan Lake Customs and Classics

www.facebook.com/SylvanLakeCustoms&Classics

www.sylvanlakecustomsandclassics.com

Sylvan Lake Film Society

(P) 403-887-2130

(F) 403-887-0537

4715 50 Avenue

Email: sylvan.library@prl.ab.ca

Sylvan Lake Quilters Guild

(P) 403-887-3287

www.facebook.com/sylvanlakequilters

Sylvan Lake Sacred Mass Choir

(P) 403-887-4037

4520 50 Street

Sylvan Slick Speakers

(P) 403-887-2577 or 403-597-5500

The Rotary Club of Sylvan Lake

5227 Lakeshore Drive

www.clubrunner.ca/sylvanlake

www.facebook.com/rotaryclubofsylvanlake

The Royal Canadian Legion Branch No. 212

(P) 403-887-2601

4916 50 Avenue

Email: rc212@shaw.ca

www.facebook.com/SylvanLake-Royal-Canadian-Legion

The Sylvan Lake Sassy Sisters Red Hat Group

(P) 403-887-5887

www.facebook.com/SylvanSassySisters

Email: talk2ssb@msn.com

Watershed Stewardship Society

Email: info@slwss.org

www.slwss.org

Crisis & Community Support

Addictions Counselling

(P) 403-887-6777

Sylvan Lake Community Health Centre

www.albertahealthservices.ca

Adult Literacy Program

Henday Association

(P) 403- 227-2866

5300 B 55 Street, Innisfail

Email: info@hendaylearning.com

www.hendaylearning.com

Alcoholics Anonymous

Sundays– 8:00 pm

Memorial Presbyterian Church 5020 48 Ave

Tuesdays– Lion's Hall 5119 50 A Street

403-887-4470 or 403-887-4297

Al-Alon/Alateen Family Groups

Memorial Presbyterian Church
5020 48 Street
www.al-anon.ab.ca/al-anon-meetings

Alberta Healthy Living Program

(P) 1-877-314-6997
4728 50 Street, Red Deer
www.albertahealthservices.ca

Alzheimer's Society of Alberta & Northwest Territories

(P) 403-342-0448
(F) 403-986-3693
Unit 1- 5550 45 Street, Red Deer
www.alzheimer.ab.ca
www.facebook.com/AlzheimerSocietyofAlbertaandNorthwestTerritories

Alzheimer's Society Caregiver support group meets monthly in Sylvan Lake. Call 403-887-1137 ext.444 for details

Building Incredible Babies

(P) 403-343-6400
(F) 403-343-6407
5409 50 Avenue, Red Deer
Email: fsca@fsca.ca
www.fsca.ca

Canadian Cancer Society

(P) 403-347-3662
101- 6751 52 Avenue, Red Deer
www.cancer.ca
Email: info@cis.cancer.ca

Canadian Red Cross – Central Alberta

(P) 403-346-1241
(F) 403-342-6373
105- 5301 43 Street, Red Deer
www.redcross.ca
www.facebook.com/canadianredcross

Catholic Social Services

(P) 403-347-8844
(F) 403-342-1890
5104 48 Avenue, Red Deer
www.catholicsocialservices.ab.ca

Central Alberta Brain Injury Society

(P) 403-341-3463
(F) 403-346-1035
202- 4805 48 Street, Red Deer
Email: cabis@telus.net www.cabis.info

Central Alberta Refugee Effort

(P) 403-346-8818
(F) 403-347-5220
202 -5000 Gaetz Avenue, Red Deer
Email: admin@care2centre.ca
www.immigrant-centre.ca

Central Alberta Sexual Assault Support Centre

(P) 403-340-1124
(F) 403-340-1163
24 Hour Distress Line – 1-866-956-1099
A 201- 5212 48 Street, Red Deer
Email: casasc@casasc.ca
www.casasc.ca
www.facebook.com/CASASCRD

Centre for Positive Relationships

(P) 403-887-1137 ext.432
(F) 403-887-1194
4725 43 Street
Email: llyon@sylvanlake.ca

CAWES – Central Alberta Women’s Emergency Shelter

(P) 403-346-5643
(F) 403-341-3510
5301 47 Avenue, Red Deer
Email: generalinfo@cawes.com
www.cawes.com

CNIB

(P) 403-346-0037
5015 48 Street, Red Deer
www.cnib.ca

FCSS – Family & Community Support Services

(P) 403-887-1137
(F) 403-887-1194
4725 43 Street

Family Support for Children with Disabilities

(P) 403-340-5478
(F) 403-340-4999
5010 43 Street, Red Deer
www.humanservices.alberta.ca

Children’s Community Garden

(P) 403-887-9989

Family Education Support Program

Email: fes@shawbiz.ca

Family Resource Network Home Visitor Program

(P) 403-887-1137 Ext 430
(F) 403-887-1194
4725 43 Street
Email: bbradshaw@sylvanlake.ca or
akinzel@sylvanlake.ca
www.sylvanlake.ca

Henday Association for Lifelong Learning

(P) 403-227-2866
(F) 403-227-2850
5300 B 55 Street Close, Innisfail
Email: info@hendaylearning.com
www.hendaylearning.com
[www.facebook.com/ HendayAssociationforLifelongLearning](https://www.facebook.com/HendayAssociationforLifelongLearning)

FCSS Information & Referral

(P) 403-887-1137 Ext. 425
(F) 403-887-1194
4725 43 Street
Email: vmunro@sylvanlake.ca
www.sylvanlake.ca

Money Mentors

(P) 1-888-294-0076 (Toll Free)
4811 48 Street, Red Deer
www.moneymentors.ca

Narcotics Anonymous

25 Hour Help Line 1-866-332-2322
Meetings are held Thursdays 7:30 pm
Bethany, 4700 47 Avenue
www.na.org

Family Enrichment Centre

(P) 403-887-1137 Ext. 426
(F) 403-887-1194
4725 43 Street
Email: kolsen@sylvanlake.ca or
llyon@sylvanlake.ca
www.sylvanlake.ca

Parkinson Alberta Society

(P) 403-346-4463 or 1-877-243-9992
5406 D 43 Street, Red Deer
Email: info@parkinson.ca
www.parkinsonalberta.ca

Pregnancy Care Centre – Central Alberta

(P) 403-343-1619
(F) 403-343-1738
5116 47 Street, Red Deer
Email: info@pregnancycare.ca
www.pregnancycare.ca

Presbyterian Ladies Evening Guild

(P) 403-887-2098 or 403-887-5893
Memorial Presbyterian Church
5020 48 Street
Meetings 1st Monday of the month
7:00-9:00 pm

Red Deer Hospice Society

(P) 403-309-4344
(F) 403-347-4356
99 Amot Avenue, Red Deer
Email: admin@reddeerhospice.com
www.reddeerhospice.com

Shalom Counselling Services

(P) 403-342-0339
(F) 403-314-1798
5515 27 Avenue, Red Deer
Email: info@shalomcounselling.com
www.shalomcounselling.com

Sylvan Lake & Area Community Partners Association

(P) 403-887-9989
4936 50 Avenue
Email: admin@sylvanlakecommunitypartners.ca
www.sylvanlakecommunitypartners.ca

Suicide Information & Education Services

(P) 403-342-4966
(F) 403-342-4154
4101 54 Avenue, Red Deer
Email: office@suicidehelp.ca
www.suicidehelp.ca

Sylvan Lake Collective Kitchens

(P) 403-598-7844
4725 43 Street
Email: sylvanlakecollectivekitchen@gmail.com
www.facebook.com/SylvanLakeCollectiveKitchen

Sylvan Lake Christmas Bureau

403-348-9993

Sylvan Lake & District Victim Services

(P) 403-858-7255
(F) 403-887-2930
Email: victimservicesl@telusmail.net
www.sylvanlakevictimservices.com

Sylvan Lake Community Food Bank

(P) 403-887-4534

4604 47 Avenue

Wednesdays 9:30-12:00

The Outreach Centre

(P) 403-347-2480

4101 54 Avenue, Red Deer

Email: outreach@womensoutreach.ca

www.womensoutreach.ca

Turning Point

(P) 403-346-8858

(F) 403-346-2352

4611 50 Avenue, Red Deer

Email: info@turningpoint.org

Tourist Information Centre

(P) 403-887-2199

4823 49 Avenue (Nexsource Centre)

www.visitsylvanlake.ca

Sylvan Lake Women's Wellness Annual Retreat

(P) 403-227-2866

Email:

slwomanswellnessretreat@gmail.com

Educational Agencies & Services

Adult Literacy Program

Henday Association

(P) 403- 227-2866

5300 B 55 Street, Innisfail

Email: info@hendaylearning.com

www.hendaylearning.com

Family School Wellness Program Chinooks Edge School Division No.73

(P) 403-227-7074

49094 50 Street, Innisfail

www.chinooksedge.ab.ca

kcs Association for Early Learning, Special Needs & Family Support

(P) 403-887-5330

(F) 403-887-5331

4725 43 Street

Email: info@kcs78ca

www.kcs78.ca

Off Campus Learning

(P) 403-556-8606

(F) 403-556-8683

Unit C- 5314 46 Street, Olds

Email: och@chinooksedge.ab.ca

www.offcampuslearning.ca

Red Deer Regional Catholic Schools

(P) 403-343-1055

(F) 403-347-6410

Montfort Centre, 5210 61 Street, Red Deer

Email: info@rdcrs.ca

www.rdcrd.ab.ca

Red Deer College

(P) 403-342-3300

(F) 403-340-8940

100 College Blvd. Red Deer

Email: inquire@rdc.ab.ca

www.rdc.ab.ca

Sylvan Lake Schools

Beacon Hill

(P) 403-887-8455
29 Brookstone Drive
Email: beacon.hill@cesd73.ca
www.beaconhillschool.ca

Kindergarten-Grade 6

C.P. Blakely

(P) 403-887-3570
(F) 403-887-2841
4815 43 Street
www.cpblakely.ca

Kindergarten-Grade 6

Fox Run

(P) 403-887-0491
(F) 403-887-2496
2 Falcon Ridge Drive
www.foxrunschool.ca

Grade 7-8

H.J. Cody

(P) 403-887-2412
(F) 403-887-3732
4520 50 Street
www.hjcody.ca

Grade 9-12

Lighthouse Christian Academy

(P) 403-887-2166
(F) 403-887-5729
4290 50 Street
Email: lightca@telusplanet.net
www.lighthousechristianacademy.ca
www.facebook.com/

Lighthouse Christian Academy

Grade 1-12

Mother Teresa

(P) 403-887-6371
(F) 403-887-6373
79 Old Boomer Road
www.ecolemotherteresa.ca

Grade 4-9

Our Lady of Rosary

(P) 403-343-2568
(F) 403-887-9943
4520 Ryder's Ridge Blvd.
www.olschool.ca

Pre K- Grade 3

Steffie Woima

(P) 403-887-3088
(F) 403-887-4731
4720 45 Avenue
www.steffiewoima.ca
Kindergarten-Grade 6

Sylvan Lake Career High School

(P) 403-887-3239
(F) 403-887-3068
6- 1 Industrial Drive
Email: slchs@chinooksedge.ca
www.slchs.ca

Grade 10-12

Sylvan Meadows Adventist

(P) 403-887-5766
Range Road 20
between Highway 11 and 11 A
Email: principal@sylvanmeadows.org
www.sylvanmeadows.org

Kindergarten-Grade 9

Employment & Training

Career Assistance Network

(P) 403-341-7811

(F) 403-309-2546

102- 5214 47 Avenue, Red Deer

www.rdcn.ca

Alberta Works Career Centre

(P) 403-340-5353

(F) 403-340-7086

4911 51 Street, Red Deer

www.humanservices.alberta.ca

Bredin Centre for Learning

(P) 587-273-0225

4406 Gaetz Avenue, Red Deer

Employment Placement Services

(P) 403-343-6249

#200 4315 55 Avenue

McBride Career Group

(P) 403-346-8599

#103 4719 48 Avenue

(P) 403-314-9999

4621 63 Street

Financial Assistance & Grants

Compassion Fund

(P) 403-887-9989

4936 50 Avenue

Email: admin@sylvanlakecommunitypartners.ca

www.sylvanlakecommunitypartners.ca

FCSS Community Grant Program

(P) 403-887-1137 Ext. 424

4725 43 Street

Kidsport Sylvan Lake

(P) 403-887-2199

www.kidsport.ab.ca

www.facebook.com/kidsportsylvanlake

Red Deer & District Community Foundation

(P) 403-341-6911

(F) 403-341-4177

Suite 503, Parkland Square

5901 48 Street, Red Deer

Email: info@rddcf.ca

www.rddcf.ca

[www.facebook.com/](https://www.facebook.com/RedDeer&DistrictCommunityFoundation)

RedDeer&DistrictCommunityFoundation

Sylvan Lake Jumpstart

(P) 403-887-2199 Ext. 508

(F) 403-887-2258

4823 49 Avenue

Email: mpummings@sylvanlake.ca

www.canadiantire.ca/jumpstart

You Can Play Too

(P) 403-887-2199 Ext. 508

(F) 403-887-2258

4823 49 Avenue

Email: mpummings@sylvanlake.ca

www.sylvanlake.ca

www.facebook.com/TownofSylvanLake

Government Services

Alberta Works Financial

(P) 403-340-5439

(F) 403-340-7989

Red Deer Provincial Building,

4920 51 Street

**Summer Villages Administration
Office**

(P) 403-887-2822
(F) 403-887-2897
Bay 8- 14 Thevenaz Industrial Trail
Email: info@summervillages.ca
www.sylvansummervillages.ca

**Town of Sylvan Lake Municipal
Office**

(P) 403-887-2141
(F) 403-887-3660
5012 48 Avenue
www.sylvanlake.ca

Health, Wellness & Medical

Alberta Blue Cross

(P) 1-800-661-6995
103 5002 55 Street, Red Deer
www.bluecross.ca

**Alberta Health Services- Addictions
Counsellor**

(P) 403-887-6777
(F) 403-887-6721

Dr. Stephen Fugler

(P) 403-887-4418
(F) 403-887-4529
5036 48 Street

**Horizon Family Medicine – Sylvan
Lake**

(P) 403-887-0510
(F) 403-887-0520
65 Hewlett Park Landing
www.horizonmedicine.ca

Live a Beautiful Birth

(P) 403-505-3932
Email: beautiful_birth@lives.ca

**Mental Health – Sylvan Lake
Community Health Centre**

(P) 403-887-2241
(F) 403-887-2610
4620 49 Avenue

**Sylvan Lake Community Health
Centre**

(P) 403-887-2241
(F) 403-887-2610
46052 49 Avenue
www.albertahealthservices.ca

Sylvan Family Health Centre

(P) 403-887-2224
(F) 403-887-2261
101- 190 Pelican Place
Email: info@sylvanfamilyhealth.com
www.sylvanfamilyhealth.com

Sylvan Lake Medical Clinic

(P) 403-887-2221
(F) 403-887-3777
5007 46 Street

Sylvan Lake Physiotherapy

(P) 403-864-9488
5007 46 Street
Email: info@sylvanlakephysio.com
www.sylvanlakephysio.com

Sylvan Lake Ambulatory Care

(P) 403-887-2241
(F) 403-887-2610
46052 49 Ave
www.albertahealthservices.ca

Housing

Red Deer Housing Authority

(P) 403-343-2177
(F) 403-343-2176
302- 4719 48 Avenue, Red Deer
Email: admin@rdha.ab.ca
www.reddeerhousingauthority.ca

*Low income residents can apply for housing or rent subsidies. **All applicants will be placed on a wait list***

Sylvan Community Housing Society

(P) 403-887-1137 Ext. 425
(F) 403-887-1194
4725 43 Street– For Applications
Email: schs@hotmail.com
Mailing address to submit applications:
P.O. Box 8966
Sylvan Lake, AB
T4S-1X6

*Qualified individuals and families can apply for affordable housing units. **All applicants will be placed on a waitlist***

Police Services

Crime Stoppers

(P) 1-800-222-8477 (TIPS)
www.crimestoppers.ca

Sylvan Lake Protective Services

(P) 403-858-7280
(F) 403-858-7281
4260 50 Street

Sylvan Lake RCMP

Complaint Line: 403-887-3333
Administration: 403-887-7200
4260 50 Street
www.rcmp.gc.ca

Victim Services

(P) 403-858-7255
(F) 403-887-2930
4620 50 Street
Email: sylvanlakevsu@outlook.com

Recreation & Sports

Arashi Do Sylvan Lake

(P) 587-400-9832
#4 14 Thernaz Ind. Trail
www.arashido.com
www.facebook.com/ArashiDoSylvanLakeDraytonValley

Incline Industries Skate and BMX Park

(P) 403-887-0023
Email: admin@inclineindustries.ca
www.inclineindustries.ca
www.facebook.com/inclineindustries

Lakeside Go Karts & Mini Golf

(P) 403-887-3190
(F) 403-348-5255
5324 Lakeshore Drive
www.lakesidegokarts.ca
www.facebook.com/lakeside-go-karts-mini-golf

Meadowlands Golf Club

(P) 403-887-5100
Corner of Highway 11 and 781
Email: info@golfsylvanlake.ca
www.facebook.com/meadowlandsgolfclub

Railside Bowl & Pizza Hut

(P) 403-887-5303
(F) 403-887-4517
101 4505 50 Avenue
www.facebook.com/RailsideBowlPizzaHutSylvanLake

Recreation & Culture Office – Town of Sylvan Lake

(P) 403-887-2199
(F) 403-887-2258
4823 49 Ave (NexSource Center)
Email: recreation@sylvanlake.ca
www.recreation.sylvanlake.ca
www.facebook.com/townofsylvanlake/recreationandculture

Sportball Central Alberta

(P) 403-597-2226
Various locations around town.
Email: red.deer@sportball.ca
www.sportball.ca
www.facebook.com/SportballRedDeer&CentralAlberta

Sylvan Lake Blizzard Soccer Club

Various fields in town.
Email: admin@sylvanlakesoccer.ca
www.sylvanlakesoccer.ca

Sylvan Lake Golf & Country Club

(P) 403-887-3030
(F) 403-887-2561
5331 Lakeshore Drive
Email: info@sylvanlakegolf.com
www.sylvanlakegolf.com

Sylvan Lake Minor Ball Association

(P) 403-588-6781
Email: sylvanlakeminorball@gmail.com
www.sylvanlakeminorball.ca

Sylvan Lake Minor Hockey Association

(P) 403-887-2159
4823 49 Ave
www.sylvanlakeminorhockey.com

Sylvan Lake Rec. Hockey

(P) 403-396-0452
4823 49 Ave
Email: slrechockey@gmail.com
www.sylvanlakerechockey.com

Sylvan Lake Sailing Club

Email: info@sylvansailing.ca
www.sylvansailing.ca

Sylvan Lake Karate Studio

(P) 403-304-5227
(P) 403-596-6896

Sylvan Lake Figure Skating Club

(P) 403-887-2756
Email: president@slfsc.com
www.slfsc.com
www.facebook.com/SylvanLakeFigureSkatingClub

Sylvan Lake Nauticals

Email: coaches@sylvanlakeswimclub.com
www.sylvanlakeswimclub.com

Senior Services

Club 55

(P) 403-887-2601

Alberta Seniors Benefits & Subsidy

(P) 403-887-1137 Ext. 444 or
1-800-644-9992
Applications are available at 4725 43 Street
Email: bwells@sylvanlake.ca

Bethany Sylvan Lake

(P) 403-887-7741
4700 47 Avenue
www.bethanyseniors.com

Canada Pension Plan, Old Age Security

General Inquiries 1-800-277-9914
www.canada.ca
Applications and/or assistance filling them out is available by calling 403-887-1137 ext. 444

FCSS Senior Outreach Worker (P)

403-887-1137 Ext. 444
(F) 403-887-1194
4725 43 Street
Email: bwells@sylvanlake.ca
www.sylvanlake.ca

Programs Include:

Elder Abuse Awareness & Referral Support Centre

Providing support and referrals to anyone who is suffering from or knows of some one who is dealing with Elder Abuse. "It's Not Right" presentations, and information is available.

Home Help

Offered twice a year for spring and fall heavy housekeeping.

Home Support

Providing seniors with low cost house keeping services.

Lifeline

Easy to use medical alarm service to reduce the risk of injury from falls while living alone.

Seniors Outreach

(P) 403-887-1137 ext. 444 Email: bwells@sylvanlake.ca

Assistance for seniors needing resources and support in the community

Sylvan Lake Seniors Association

(P) 403-887-5428
(F) 403-887-5437
4823 49 Ave (NexSource Center)
Email: spseniorpc@gmail.com

Sylvan Lake Seniors Bus Association

(P) 403-505-0977 or 403-887-7614
Email: slsbus1983@gmail.com

Sylvan Lake Lodge/Manor

(P) 403-887-2555
(F) 403-887-6039
100- 4620 47 Avenue
www.sylvanlakelodgefoundation.com

Sylvan Lake Meals on Wheels

(P) 403-887-2555
(F) 403-887-6039
100- 4620 47 Avenue
www.sylvanlakelodgefoundation.com

Volunteering

Bethany Sylvan Lake

(P) 403-887-7741 Ext. 236
(F) 403-887-6039
4700 47 Avenue
www.bethanyseniors.com

FCSS Volunteer Centre

(P) 403-887-1137 Ext. 433
(F) 403-887-1194
4725 43 Street
Email: aboutin@sylvanlake.ca

Volunteer Resources Alberta Health Services

(P) 403-343-4715
SCL 301 Lower Floor South Complex
3942 50 A Avenue, Red Deer
www.albertahealthservices/volunteers.asp

Municipal Departments

Administration Office

(P) 403-887-2141

(F) 403-887-3660

5012 48 Avenue

Services at this Location Include:

Communications

Property Taxes

Licensing

Planning & Development

Economic Development

Utilities

Family & Community Centre

(P) 403-887-1137

(F) 403-887-1194

4725 43 Street

Services at this Location Include:

Centre for Positive Relationships

Community Development

Family Resource Network Home Visitor Program

Information & Referral

Family Enrichment Centre

Seniors Outreach

Volunteer Centre

Youth Services/Flipside Youth Centre

Town of Sylvan Lake Youth Services

(P) 403-887-1137 Ext. 423

4725 43 Street

Email: kcarlson@sylvanlake.ca

www.sylvanlake.ca

Programs Offered:

Day Camps

- School's Out Day Camp
- Summer Day Camp

Flipside Drop-in Programs

- Middle Ground
- Work It Wednesday
- Teen Thursday

Mentoring and Leadership

- Leaders In Training
- Ment To Matter
- Summer Leadership Camp

Municipal Operations

(P) 403-887-2800

(F) 403-887-4083

1 Industrial Drive

Services at this Location Include:

Water & Waste

Waste & Recycle Collection

Permits for— Road Closures, Oversized, & Dangerous Goods

Parks Department

(P) 403-887-2800

#1 Industrial Drive

Services at this Location Include:

Town Trails

Playgrounds

Green Spaces

Protective Services

(P) 403-858-7280

4620 50 Street

Services at this Location Include:

Municipal Enforcement (P) 403-858-7280

Sylvan Lake Fire Department

Services at this Location Include:

Fire Chief: (P) 403-858-7290

Deputy Chief: (P) 403-858-7291

NexSource Centre

(P) 403-887-2199

(F) 403-887-2258

4823 49 Ave

[Services at this Location Include:](#)

Aquatic Centre

Facility Rentals/ Rooms

Multiplex Facility

Recreation & Culture Programs

2 Skating Rinks

Running/ Walking Track

Curling Rink

Indoor Play Space (0-8years)

Seniors Association

Help Lines

AADAC	1-866-332-2322
Al-Anon	403-346-0320
Alberta Healthlink	811
Alcoholics Anonymous	403-347-8650 (24-hrs)
Turning Point (formally Central Alberta AIDS Network Society)	1-877-346-8858
Bullying	1-888-456-2323
Bullying (Locally)	403-887-1137 ext. 226
Central Alberta Pregnancy Care Centre Hotline	403-343-1619
Child Abuse Hotline	1-800-387-5437 (KIDS)
Childcare Helpline for Parents	1-866-714-5437
Elder Abuse	1-877-454-2580
Family Violence	403-310-1818 (toll free)
Gambling (Addictions Helpline)	1-866-332-2322 (24 HRS)
Suicide Prevention Helpline	1-800-784-2433
Kids Helpline	1-800-668-6868
Mental Health Crisis Helpline	1-877-303-2642
Alberta Supports	1-877-644-9992
Parent Support (Locally)	403-887-1137 Ext. 226
Poison Control	1-800-332-1414
Women's Emergency Shelter – 24 Hr.	1-888-346-5643
Victim Services	403-858-7255

Emergency Numbers

Fire, Police, Ambulance - 911

Poison Control - 800-332-1414

Hospital - 403-343-4422

Doctors/Medical Centre:

Sylvan Medical Centre - 403-887-2221

Sylvan Family Health Centre - 403-887-2224

Dr. Fugler - 403-4418

Horizon Family Medical - 403-887-0510

Animal Control - 403-828-7280

Crime Stoppers - 1-800-222-8477

Women's Emergency Shelter - 403-346-5643

Victim Services - 403-858-7255

To add or update your organization or event information to this directory, please fill out the attached form & submit it to:

Email: kmoragame@sylvanlake.ca

Phone : 403-887-1137

Fax: 403-887-1194

Organizational Profile Form

If your local, non-profit organization is not listed in the directory, please fill out this Organizational Profile and fax it to 403- 887-1194, so we can include you in future Sylvan Lake Residents' Action Guide editions.

Full Name of Organization/Agency_____

Mailing and Street Address _____

City, Province, Postal Code _____

Phone_____ Fax_____ Email_____

1) Contact Person 1 (Name/Title) _____

Phone Work_____ Phone Home_____ Email_____

b) Contact Person 2 (Name/Title) _____

Phone Work_____ Phone Home_____ Email_____

2) Organization Focus (Please circle a maximum of three):

- Arts and Culture, Outdoor recreation, Urban Issues
- Community Development, Recycling/waste reduction, Visual arts
- Crisis prevention, Mental Health, Wilderness and Parks
- Education, Natural History, Women's Issues
- Ethics/Spirituality/Philosophy, Environment, Youth Development
- Health/Wellness, Religion, Service Industry
- Heritage Preservation, Social Services, Athletics/Sports
- Housing, Theatre Arts, Social
- Indoor Recreation, Transportation
- Other_____

3) Year founded_____ # of staff_____ # of members/volunteers_____

4) Membership Criteria/Fees_____

5) Please describe the purpose/aim of your organization (to improve...to promote...etc):

Briefly describe any opportunities/programs for volunteers that your organization provides:

6) Are your activities local/provincial/national/international (please circle).

7) Newsletter or publication

Title _____ Frequency_____

8) Please indicate if your organization provides any of the following resources to the community. (please circle):

- a) Produces original print or audio-visual educational resources;
- b) Supplies speakers or conducts workshops;
- c) Operates a resource library for public use;
- d) Other_____

9) Other comments/additional notes about your organization:

Thank you for your time in filling out this form. Please **email** it to: kmoragame@sylvanlake.ca