



Sylvan Lake

Community Resource Directory



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Disclaimer: The Town of Sylvan Lake and Family and Community Support Services are in no way endorsing any business, agency, or organization listed in the online or print version of this directory.

Arts & Culture

Friends of Sylvan Lake Library

(P) 403-887-2130

4715 50 Avenue

Email: sylvan.library@prl.ab.ca

House of Music

(P) 403-864-4151

4001 50 A Avenue

Email: info@sylvanhouseofmusic.com

www.sylvanhouseofmusic.com

www.facebook.com/sylvanmusiclessons

Sylvan Lake and District Archives

(P) 403-887-1185 Ext. 262

5012 48 Avenue

Email: archives@sylvanlake.ca

www.facebook.com/SylvanLakeArchives

Sylvan Lake Art Society

(P) 403-505-4880

Email: sylvanlakeartsociety@gmail.com

Email: karenfilthaut@hotmail.com

www.facebook.com/SylvanLakeArtsSociety

Sylvan Lake Municipal Library

(P) 403-887-2130

(F) 403-887-0537

4715 50 Avenue

Email: sylvan.library@prl.ab.ca

www.sylvanlibrary.prl.ab.ca

www.facebook.com/SylvanLakeMunicipalLibrary

Sparc inc.

(P) 403-887-3981

31 Cuendet Industrial Way

Email: sparcdancestudio@gmail.com

Town of Sylvan Lake – Recreation and Culture Offices

(P) 403-887-2199

(F) 403-887-2258

4823 49 Avenue

Email: recreation@sylvanlake.ca

www.sylvanlake.ca

www.facebook.com/townofsylvanlake

Children's Programs, Childcare, Preschools

C.P. Blakely Kidz Club

(P) 403-887-4062

4815 43 Street

Email: cpkidzclub@live.ca

Email: slsacsdirector@live.ca

kcs Association for Early Learning, Special Needs & Family Support

(P) 403-887-5330

(F) 403-887-5331

4725 43 Street

Email: info@kcs78.ca

www.kcs78.ca

Lighthouse Christian Academy

(P) 403-887-2166

(F) 403-887-5729

4290 50 Street

Email: lightca@telusplanet.net

www.lighthousechristianacademy.ca

www.facebook.com/LighthouseChristianAcademy

Kids & Company

(P) 403-864-9936

49 Hinshaw Drive

Steffie Kidz Club

(P) 403-887-4044
4720 45 Avenue
Email: steffiekidzclub@live.ca

Sylvan Lake Playgroup Society & CHIPS

(P) 403-392-0323
4725 43 Street
Email: slpgs@live.com
www.facebook.com/SylvanLakePlayGroupSociety

OLR (Our Lady of the Rosary) Kidz Club

(P) 403-396-5086
4520 Ryders Ridge Blvd.
Email: olrkidzclub@live.ca

Razzle Dazzle Family Day Home

(P) 403-887-3332
(F) 403-887-5051
110- 5028 50 A Street
Email: razzle1@telus.net
www.razzledazzlekids.ca

Churches & Religious Organizations

Alliance Community Church

(P) 403-887-8811
(F) 403-887-5511
4404 47 Avenue
Email: office@alliancecommunitychurch.ca
www.alliancecommunitychurch.ca

Apostolic Lutheran Church

(P) 403-887-2450
2034 TWP Road 382
www.sylvanlakeealc.org

Faith Lutheran Church

(P) 403-877-9634
2- 21 Beju Drive
Email: lutheranchurchsylvan@hotmail.com

Frontline Worship Centre

(P) 403-887-3313
(F) 403-887-3355
5 Beju industrial Drive
Email: info@frontlineministries-int.com
www.frontlineministries-int.com
www.facebook.com/FrontlineWorshipCentre

Sylvan Lake Emerge Church

(P) 403-887-2004
(F) 403-887-5729
4290 50 Street
Email: info@emergechurch.ca
www.emergechurch.ca

Lighthouse Fellowship Church of the Nazerene

(P) 403-887-5687
(F) 403-887-5625
Address: 5024 50 Ave
Email: sylvannazchurch@yahoo.ca

Our Lady of the Assumption Catholic Church

(P) 403-887-2398
(F) 403-887-4090
5033 47 A Avenue

Email: ourloa@caedm.ca
www.ourloa.weebly.com

Seventh Day Adventist

(P) 403-887-2604
4607 47 Avenue
Email: sylvansda@gmail.com
www.sylvanlakeadventist.ca

St. Mary's & St. Timothy's Anglican Church

(P) 403-887-1401
4308 50 Ave

Sylvan Lake Memorial Presbyterian Church

(P) 403-887-5702
(F) 403-887-5289
5020 48 Street
Email: memorial_office@shaw.ca
www.slmipc.ca

Clubs, Societies, Associations, Groups, Services & Organizations

Traditional Scouting- 1st Sylvan Lake BPSA

(P) 587-887-3097
Email: sylvanlakebpsa@shaw.ca

Catholic Women's League

(P) 403-887-2398
5033 47A Avenue

CLUB 55

(P) 403-887-2601

Girl Guides of Canada

Memorial Presbyterian Church
5020 48 Street
www.girlguides.ca

HJ Cody Interact Club

(P) 403-887-2412 EXT. 4330
4520 50 Street

Knights of Columbus 10348

(P) 403-505-4755
Email: dporter@dcinspection.ca

Pathfinders

(P) 403-848-4055
4607 47 Avenue

Sylvan Lake & District Lions Club

(P) 403-887-3390
5119 50a Ave

Sylvan Lake Chamber of Commerce

(P) 403-887-3048
5012 48 Avenue
Email: info@sylvanlakechamber.com
www.sylvanlakechamber.com
www.facebook.com/SylvanLakeChamber

Sylvan Lake Customs and Classics

www.facebook.com/SylvanLakeCustoms&Classics
www.sylvanlakecustomsandclassics.com

Sylvan Lake Film Society

(P) 403-887-2130
(F) 403-887-0537
4715 50 Avenue
Email: sylvan.library@prl.ab.ca

Sylvan Lake Quilters Guild

(P) 403-391-3413

Slqg2003@gmail.com

www.facebook.com/sylvanlakequilters

Sylvan Lake Sacred Mass Choir

(P) 403-887-4037

4520 50 Street

The Rotary Club of Sylvan Lake

5227 Lakeshore Drive

www.clubrunner.ca/sylvanlake

www.facebook.com/rotaryclubofsylvanlake

The Royal Canadian Legion Branch No. 212

(P) 403-887-2601

4916 50 Avenue

Email: rc212@shaw.ca

www.facebook.com/SylvanLake-Royal-Canadian-Legion

The Sylvan Lake Sassy Sisters Red Hat Group

(P) 403-877-5887

www.facebook.com/SylvanSassySisters

Email: talk2ssb@msn.com

Watershed Stewardship Society Email:

info@slwss.org

www.slwss.org

Crisis & Community Support

Addictions Counselling

(P) 403-887-6777

403-887-2241

Sylvan Lake Community Health Centre

4602, 49 Avenue

www.albertahealthservices.ca

Adult Literacy Program

Henday Association

(P) 403- 227-2866

5300 B 55 Street, Innisfail

Email: info@hendaylearning.com

www.hendaylearning.com

Alcoholics Anonymous

Tuesdays 7:30 – Lion's Hall 5119 50 A Street

403-887-4470 male or

403-887-4297 female

Al-Alon/Alateen Family Groups

Memorial Presbyterian Church

5020 48 Street

www.al-anon.ab.ca/al-anon-meetings

Alberta Healthy Living Program

(P) 1-877-314-6997

4728 50 Street, Red Deer

www.albertahealthservices.ca

Alzheimer's Society of Alberta & Northwest Territories

(P) 403-342-0448

(F) 403-986-3693

Unit 1- 5550 45 Street, Red Deer

www.alzheimer.ab.ca

[www.facebook.com/AlzheimerSocietyofAlb
ertaandNorthwestTerritories](https://www.facebook.com/AlzheimerSocietyofAlbertaandNorthwestTerritories)

Alzheimer's Society Caregiver support group meets monthly in Sylvan Lake. Call 403-887-1137 ext.444 for details

Family Services of Central Alberta Building Incredible Babies

(P) 403-343-6400
(F) 403-343-6407
5409 50 Avenue, Red Deer
Email: fsca@fsca.ca
www.fsca.ca

Canadian Cancer Society

(P) 403-347-3662
4730 Ross Street, Red Deer

Canadian Red Cross – Central Alberta

(P) 403-346-1241
(F) 403-342-6373
105- 5301 43 Street, Red Deer
www.redcross.ca
www.facebook.com/canadianredcross

Catholic Social Services

(P) 403-347-8844
(F) 403-342-1890
5104 48 Avenue, Red Deer
www.catholicsocialservices.ab.ca

Central Alberta Brain Injury Society

(P) 403-341-3463
(F) 403-346-1035
202- 4805 48 Street, Red Deer
Email: cabis@telus.net www.cabis.info

Care for Newcomers

(P) 403-346-8818
(F) 403-347-5220
202 -5000 Gaetz Avenue, Red Deer

regionalsettlement@carefornewcomers.ca

<https://www.carefornewcomers.ca/>

Central Alberta Sexual Assault Support Centre

(P) 403-340-1124
(F) 403-340-1163
24 Hour Distress Line – 1-866-956-1099
A 201- 5212 48 Street, Red Deer
Email: casasc@casasc.ca
www.casasc.ca
www.facebook.com/CASASCRD

CAWES – Central Alberta Women's Emergency Shelter

(P) 403-346-5643
(F) 403-341-3510
5301 47 Avenue, Red Deer
Email: generalinfo@cawes.com
www.cawes.com

FCSS – Family & Community Support Services

(P) 403-887-1137
(F) 403-887-1194
4725 43 Street
www.sylvanlake.ca

Children's Community Garden

(P) 403-887-9989

Family Resource Network Home Visitor Program

(P) 403-887-1137 Ext 430
(F) 403-887-1194
4725 43 Street
Email: madams@sylvanlake.ca or
akinzel@sylvanlake.ca
www.sylvanlake.ca

Henday Association for Lifelong Learning

(P) 403-227-2866

(F) 403-227-2850

5300 B 55 Street Close, Innisfail

Email: info@hendaylearning.com

www.hendaylearning.com

[www.facebook.com/ HendayAssociationforLifelongLearning](https://www.facebook.com/HendayAssociationforLifelongLearning)

FCSS Information & Referral

(P) 403-887-1137 Ext. 425

(F) 403-887-1194

4725 43 Street

Email: vmunro@sylvanlake.ca

www.sylvanlake.ca

Money Mentors

(P) 1-888-294-0076 (Toll Free)

www.moneymentors.ca

Narcotics Anonymous

25 Hour Help Line 1-866-332-2322

Meetings are held Thursdays 7:30 pm

Bethany, 4700 47 Avenue

www.na.org

Family Enrichment Centre

(P) 403-887-1137 Ext. 426

(F) 403-887-1194

4725 43 Street

Email: kfrancis@sylvanlake.ca or

aboutin@sylvanlake.ca

www.sylvanlake.ca

Parkinson Alberta Society

(P) 403-346-4463 or 1-877-243-9992

5406 D 43 Street, Red Deer

Email: info@parkinson.ca

www.parkinsonalberta.ca

Pregnancy Care Centre – Central Alberta

(P) 403-343-1619

(F) 403-343-1738

5116 47 Street, Red Deer

Email: info@pregnancycare.ca

www.pregnancycare.ca

Presbyterian Womens Guild

(P) 403-887-3028 or 403-304-1473

Memorial Presbyterian Church

5020 48 Street

Meetings 1st Monday of the month

1:00-3:00 pm

Red Deer Hospice Society

(P) 403-309-4344

(F) 403-347-4356

99 Amot Avenue, Red Deer

Email: admin@reddeerhospice.com

www.reddeerhospice.com

Shalom Counselling Services

(P) 403-342-0339

(F) 403-314-1798

5515 27 Avenue, Red Deer

Email: info@shalomcounselling.com

www.shalomcounselling.com

Sylvan Lake & Area Community Partners Association

(P) 403-887-9989

4936 50 Avenue
Email: admin@sylvanlakecommunitypartners.ca
www.sylvanlakecommunitypartners.ca

Suicide Information & Education Services

(P) 403-342-4966 (F) 403-342-4154
4101 54 Avenue, Red Deer Email: office@suicidehelp.ca
www.suicidehelp.ca

Sylvan Lake Christmas Bureau

403-348-9993
Address: 14 Peterson Way

Sylvan Lake & District Victim Services

(P) 403-858-7255
(F) 403-887-2930
Email: victimservicessl@telusmail.net
www.sylvanlakevictimservices.com

Sylvan Lake Community Food Bank

(P) 403-887-4534
4604 47 Ave or 4725 43 st

Monday 9:30-11:30

Wednesdays 9:00-12:00

The Outreach Centre

(P) 403-347-2480
4101 54 Avenue, Red Deer
Email: outreach@womensoutreach.ca
www.womensoutreach.ca

Turning Point

(P) 403-346-8858

(F) 403-346-2352 4611 50
Avenue, Red Deer
info@turningpoint.org

Tourist Information Centre

(P) 403-887-2199
4823 49 Avenue (NexSource Centre)
www.visitsylvanlake.ca

Sylvan Lake Women's Wellness Annual Retreat

(P) 403-227-2866 403-887-9989
Email: slwomanswellnessretreat@gmail.com

Educational Agencies & Services

Adult Literacy Program

Henday Association
(P) 403- 227-2866
5300 B 55 Street, Innisfail
Email: info@hendaylearning.com
www.hendaylearning.com

Family School Wellness Program Chinooks Edge School Division No.73

(P) 403-227-7074
49094 50 Street, Innisfail
www.chinooksedge.ab.ca

kcs Association for Early Learning, Special Needs & Family Support

(P) 403-887-5330
(F) 403-887-5331
4725 43 Street
Email: info@kcs78ca

www.kcs78.ca

Off Campus Learning

(P) 403-556-8606

(F) 403-556-8683

Unit C- 5314 46 Street, Olds

Email: och@chinooksedge.ab.ca

www.offcampuslearning.ca

Red Deer Regional Catholic Schools

(P) 403-343-1055

(F) 403-347-6410

Montfort Centre, 5210 61 Street, Red Deer

Email: info@rdcrs.ca

www.rdcrd.ab.ca

Red Deer Polytechnic

(P) 403-342-3400

(F) 403-340-8940

100 College Blvd. Red Deer

Email: inquire@rdc.ab.ca

www.rdc.ab.ca

Care for Newcomers

(P) 403-346-8818

(F) 403-347-5220

202 -5000 Gaetz Avenue, Red Deer

regionalsettlement@carefornewcomers.ca

<https://www.carefornewcomers.ca/>

Sylvan Lake Schools

Beacon Hill

887-8455

Brookstone Drive

beacon.hill@cesd73.ca

www.beaconhillschool.ca

Kindergarten-Grade 6

C.P. Blakely

403-

29

(P) 403-887-3570

(F) 403-887-2841

4815 43 Street

www.cpblakely.ca

Kindergarten-Grade 6

Fox Run

(P) 403-887-0491

(F) 403-887-2496

2 Falcon Ridge Drive

www.foxrunschooll.ca

Grade7-8

H.J. Cody

(P) 403-887-2412

(F) 403-887-3732

4520 50 Street

www.hjcody.ca

Grade 9-12

Lighthouse Christian Academy

(P) 403-887-2166

(F) 403-887-5729

4290 50 Street

Email: lightca@telusplanet.net

www.lighthousechristianacademy.ca

Grade 1-12

Mother Teresa

(P) 403-887-6371

(F) 403-887-6373

79 Old Boomer Road

www.ecolemotherteresa.ca

Grade 4-9

Our Lady of Rosary

(P) 403-343-2568

(F) 403-887-9943
4520 Ryder's Ridge Blvd.
www.olrschool.ca

Pre K- Grade 3

Steffie Woima

(P) 403-887-3088
(F) 403-887-4731
4720 45 Avenue
www.steffiewoima.ca

Kindergarten-Grade 6

Sylvan Lake Career High School

(P) 403-887-3239
(F) 403-887-3068
6- 1 Industrial Drive
Email: slchs@chinooksedge.ca
www.slchs.ca

Grade 10-12

Sylvan Meadows Adventist

(P) 403-887-5766
Range Road 20
between Highway 11 and 11 A
Email: principal@sylvanmeadows.org
www.sylvanmeadows.org

Kindergarten-Grade 9

Employment & Training

Career Assistance Network

(P) 403-341-7811
(F) 403-309-2546
5214 47th Ave Red Deer
www.rdcan.ca

Alberta Works Career Centre

(P) 403-340-5353
(F) 403-340-7086

4911 51 Street, Red Deer
www.humanservices.alberta.ca

Bredin Centre for Learning

(P) 587-273-0225
4406-50 Ave 400, Red Deer

Employment Placement Services

(P) 403-343-6249
2830 Bremner Ave Red Deer

McBride Career Group

(P) 403-596-4854
#103 4719 48 Avenue

Financial Assistance & Grants

Compassion Fund

(P) 403-887-9989
admin@sylvanlakecommunitypartners.ca

FCSS Community Grant Program

403-887-1137 Ext. 424
4725 43 Street

Kidsport Sylvan Lake

(P) 403-887-2199
www.kidsport.ab.ca

Red Deer & District Community Foundation

(P) 403-341-6911
(F) 403-341-4177
4805 48th Street Red Deer
Email: info@rddcf.ca

www.rddcf.ca
[www.facebook.com/
RedDeer&DistrictCommunityFoundation](http://www.facebook.com/RedDeer&DistrictCommunityFoundation)

You Can Play Too

(P) 403-887-2199 Ext. 508
(F) 403-887-2258
4823 49 Avenue
Email: kearly@sylvanlake.ca
www.sylvanlake.ca
www.facebook.com/TownofSylvanLake

Government Services

Alberta Works Financial

(P) 403-340-5439
(F) 403-340-7989
Red Deer Provincial Building,
4920 51 Street

Summer Villages Administration Office

(P) 403-887-2822
(F) 403-887-2897
2 Erickson Dr, Sylvan Lake
Email: info@summervillages.ca
www.sylvansummervillages.ca

Town of Sylvan Lake Municipal Office

(P) 403-887-2141
(F) 403-887-3660
5012 48 Avenue
www.sylvanlake.ca

Health, Wellness & Medical

Alberta Blue Cross

(P) 1-800-661-6995

(P) 403-343-7009
103 5002 55 Street, Red Deer
www.bluecross.ca

Alberta Health Services- Addictions Counsellor

Central Intake dr fugler1-888-594-0211
(P) 403-887-6777
(F) 403-887-6721

Dr. Stephen Fugler

(P) 403-887-4418
(F) 403-887-4529
5036 48 Street

Live a Beautiful Birth

(P) 403-505-3932
Email: beautiful_birth@lives.ca

Mental Health – Sylvan Lake Community Health Centre

(P) 403-887-2241
(F) 403-887-2610
4602 49 Avenue

Sylvan Lake Community Health Centre

(P) 403-887-2241
(F) 403-887-2610
46052 49 Avenue
www.albertahealthservices.ca

Sylvan Family Health Centre

(P) 403-887-2224
(F) 403-887-2261
101- 190 Pelican Place
Email: info@sylvanfamilyhealth.com
www.sylvanfamilyhealth.com

Sylvan Lake Medical Clinic

(P) 403-887-2221
(F) 403-887-3777
5007 46 Street

Sylvan Lake Physiotherapy

(P) 403-864-9488
5007 46 Street
Email: info@sylvanlakephysio.com
www.sylvanlakephysio.com

Sylvan Lake Ambulatory Care

(P) 403-887-2241
4602 49 Ave
www.albertahealthservices.ca

Housing

Red Deer Housing Authority

(P) 403-343-2177
(F) 403-343-2176
302- 4719 48 Avenue, Red Deer
Email: admin@rdha.ab.ca
www.reddeerhousingauthority.ca

Low-income residents can apply for housing or rent subsidies. **All applicants will be placed on a wait list**

Sylvan Community Housing Society

(P) 403-887-1137 Ext. 425

(P) 403-896-9788
(F) 403-887-1194 or 403-887-1188
4725 43 Street– For Applications
Email: schs@hotmail.com
Mailing address to submit applications:
P.O. Box 8966
Sylvan Lake, AB
T4S-1X6

Qualified individuals and families can apply for affordable housing units. **All applicants**

will be placed on a waitlist

Police Services

Crime Stoppers

(P) 1-800-222-8477 (TIPS)
www.crimestoppers.ca

Sylvan Lake Protective Services

(P) 403-858-7280
(F) 403-858-7281
4260 50 Street

Sylvan Lake RCMP

Complaint Line: 403-887-3333
Administration: 403-887-7200
4260 50 Street
www.rcmp.gc.ca

Central Alberta Victim & Wellness Support

4405 South Street, Blackfalds
403-885-3355
www.victimsupport.ca

Recreation & Sports

Arashi Do Sylvan Lake

(P) 587-400-9831
#4 14 Thevanaz Ind. Trail
www.arashido.com
www.facebook.com/ArashiDoSylvanLakeDraytonValley

Incline Industries Skate and BMX Park

(P) 403-887-0023 4425, 50st
Email: admin@inclineindustries.ca

www.inclineindustries.ca
www.facebook.com/inclineindustries

Lakeside Go Karts & Mini Golf

(P) 403-887-3190
(F) 403-348-5255
5324 Lakeshore Drive
www.lakesidegokarts.ca
www.facebook.com/lakeside-go-karts-mini-golf

Meadowlands Golf Club

(P) 403-887-5100
Corner of Highway 11 and 781 3101 50st
Email: info@golfsylvanlake.ca
www.facebook.com/meadowlandsgolfclub

Railside Bowl & Pizza Hut

(P) 403-887-5303
(F) 403-887-4517
101 4505 50 Avenue
com [www.facebook.com/](https://www.facebook.com/RailsideBowlandPizzaHutSylvanLake)
RailsideBowlandPizzaHutSylvanLake

Recreation & Culture Office – Town of Sylvan Lake

(P) 403-887-2199
4823 49 Ave (NexSource Center)
Email: recreation@sylvanlake.ca

Sportball Central Alberta

(P) 403-597-2226
Various locations around town.
Email: red.deer@sportball.ca
www.sportball.ca
[www.facebook.com/](https://www.facebook.com/SportballRedDeer&CentralAlberta)
SportballRedDeer&CentralAlberta

Sylvan Lake Blizzard Soccer Club

Various fields in town.
Email: admin@sylvanlakesoccer.ca
www.sylvanlakesoccer.ca

403-304-0446

Sylvan Lake Golf & Country Club

(P) 403-887-3030
(F) 403-887-2561
5331 Lakeshore Drive
Email: info@sylvanlakegolf.com
www.sylvanlakegolf.com

Sylvan Lake Minor Ball Association

(P) 403-588-6781
Email: sylvanlakeminorball@gmail.com
www.sylvanlakeminorball.ca

Sylvan Lake Minor Hockey Association

(P) 403-887-2159

4823 49 Ave
www.sylvanlakeminorhockey.com

Sylvan Lake Rec. Hockey

(P) 403-396-0452

4823 49 Ave
Email: slrechockey@gmail.com
www.sylvanlakerechockey.com

Sylvan Lake Sailing Club

Email: info@sylvansailing.ca
www.sylvansailing.ca

Sylvan Lake Figure Skating Club

(P) 403-887-2756
Email: president@slfsc.com
www.slfsc.com
[www.facebook.com/](https://www.facebook.com/SylvanLakeFigureSkatingClub)
SylvanLakeFigureSkatingClub
4823 49 Ave

Sylvan Lake Nauticals

Email: coaches@sylvanlakeswimclub.com
www.sylvanlakeswimclub.com

Senior Services

Club 55

(P) 403-887-2601

Alberta Seniors Benefits & Subsidy

(P) 403-887-1137 Ext. 444 or
1-800-644-9992
Applications at 4725 43 street
Email: bwells@sylvanlake.ca

Bethany Sylvan Lake

(P) 403-887-7741
4700 47 Avenue
www.bethany seniors.com

Canada Pension Plan, Old Age Security

General Inquiries 1-800-277-9914
www.canada.ca
Applications and/or assistance filling them out is available by calling 403-887-1137 Ext. 444

FCSS Senior Outreach Worker

(P) 403-887-1137 Ext. 400
(F) 403-887-1194
4725 43 Street
Email: bwells@sylvanlake.ca
www.sylvanlake.ca

Programs Include:

**Elder Abuse Awareness & Referral
Support Centre**

Providing support and referrals to anyone who is suffering from or knows of someone who is dealing with Elder Abuse. "It's Not Right" presentations, and information is available.

Home Help

Offered twice a year for spring and fall heavy housekeeping.

Home Support

Providing seniors with low-cost housekeeping services.

Lifeline

Easy to use medical alarm service to reduce the risk of injury from falls while living alone.

Seniors Outreach

(P) 403-887-1137 ext. 444

Email: bwells@sylvanlake.ca

Assistance for seniors needing resources and support in the community

Sylvan Lake Seniors Association

(P) 403-887-5428
(F) 403-887-5437
4823 49 Ave (NexSource Center)
Email: spseniorpc@gmail.com

Sylvan Lake Lodge/Manor

(P) 403-887-2555
(F) 403-887-6039
100- 4620 47 Avenue
www.sylvanlakelodgefoundation.com

Sylvan Lake Meals on Wheels

(P) 403-887-2555
(F) 403-887-6039
100- 4620 47 Avenue
www.sylvanlakelodgefoundation.com

Volunteering

Bethany Sylvan Lake

(P) 403-887-7741 Ext. 236
(F) 403-887-6039
4700 47 Avenue
www.bethanyseniors.com

FCSS Volunteer Centre

(P) 403-887-1137 Ext. 433
(F) 403-887-1194
4725 43 Street
Email: volunteer@sylvanlake.ca

Volunteer Resources Alberta Health Services

(P) 403-343-4715
3942 50 A Avenue, Red Deer
www.albertahealthservices/volunteers.asp

Municipal Departments

Administration Office

(P) 403-887-2141
(F) 403-887-3660
5012 48 Avenue

Services at this Location Include:

Communications
Property Taxes
Licensing
Planning & Development
Economic Development
Utilities

Family & Community Centre

(P) 403-887-1137
(F) 403-887-1194
4725 43 Street

Services at this Location Include:

Centre for Positive Relationships
Community Development
Home Visitor Program
Information & Referral
Family Enrichment Centre

Seniors Outreach

VolunteerCentre
Services/Flipside Youth Centre

Youth

Town of Sylvan Lake Youth Services

(P) 403-887-1137 Ext. 423
4725 43 Street
Email: kcarlson@sylvanlake.ca
www.sylvanlake.ca

Programs Offered:

Day Camps

- School's Out Day Camp
- Summer Day Camp

Flipside Drop-in Programs

- Middle Ground
- Work It Wednesday
- Teen Thursday

Mentoring and Leadership

- Leaders In Training
- Ment To Matter
- Summer Leadership Camp

Municipal Operations

(P) 403-887-2800

(F) 403-887-4083

1 Industrial Drive

Services at this Location Include:

Water & Waste

Waste & Recycle Collection

Permits for— Road Closures, Oversized, &

Dangerous Goods

Parks Department

(P) 403-887-2800

#1 Industrial Drive

Services at this Location Include:

Town Trails

Playgrounds

Green Spaces

Protective Services

(P) 403-858-7280

4620 50 Street

Services at this Location Include:

Municipal Enforcement (P) 403-858-7280

Sylvan Lake Fire Department

Services at this Location Include:

Fire Chief: (P) 403-858-7290

Deputy Chief: (P) 403-858-7291

NexSource Centre

(P) 403-887-2199

F) 403-887-2258

4823 49 Ave

Services at this Location Include:

Aquatic Centre

Facility Rentals/ Rooms

Multiplex Facility

Recreation & Culture Programs

2 Skating Rinks

Running/ Walking Track

Curling Rink

Indoor Play Space (0-8years)

Seniors Association

Help Lines

AADAC	1-866-332-2322
Al-Anon	403-346-0320
Alberta Healthlink	811
Alcoholics Anonymous	403-347-8650 (24-hrs) 587-377-1117
Turning Point (formally Central Alberta AIDS Network Society)	1-877-346-8858 403-346-8858
Bullying	1-888-456-2323 403-310-1818
Central Alberta Pregnancy Care Centre Hotline	403-343-1619
Child Abuse Hotline	1-800-387-5437 (KIDS)
Childcare Helpline for Parents	1-866-714-5437
Elder Abuse	1-877-454-2580 403-346-6076
Family Violence	403-310-1818 (toll free)
Gambling (Addictions Helpline)	1-866-332-2322 (24 HRS)
Suicide Prevention Helpline	1-800-784-2433 1-833-456-4566 (Canada)
Kids Helpline	1-800-668-6868
Mental Health Crisis Helpline	1-877-303-2642
Alberta Supports	1-877-644-9992
Women's Emergency Shelter – 24 Hr.	1-888-346-5643
Victim Services	403-858-7255

Emergency Numbers

Fire, Police, Ambulance - 911

Poison Control - 800-332-1414

Hospital - 403-343-4422

Doctors/Medical Centre:

Sylvan Medical Centre - 403-887-2221

Sylvan Family Health Centre - 403-887-2224

Horizon Family Medical - 403-887-0510

Animal Control - 403-828-7280

Crime Stoppers - 1-800-222-8477

Women's Emergency Shelter - 403-346-5643

Victim Services - 403-858-7255

To add or update your organization or event information to this directory, please fill out the attached form & submit it to:

Email: kmiller@sylvanlake.ca

Phone : 403-887-1137

Fax: 403-887-1194

Organizational Profile Form

If your local, non-profit organization is not listed in the directory, please fill out this Organizational Profile and fax it to 403- 887-1194, so we can include you in future Sylvan Lake Residents' Action Guide editions.

Full Name of Organization/Agency _____

Mailing and Street Address _____

City, Province, Postal Code _____

Phone _____ Fax _____ Email _____

1) Contact Person 1 (Name/Title) _____

Phone Work _____ Phone Home _____ Email _____

b) Contact Person 2 (Name/Title) _____

Phone Work _____ Phone Home _____ Email _____

2) Organization Focus (Please circle a maximum of three):

- ☐ ☐ Arts and Culture, Outdoor recreation, Urban Issues
- ☐ ☐ Community Development, Recycling/waste reduction, Visual arts
- ☐ ☐ Crisis prevention, Mental Health, Wilderness and Parks
- ☐ ☐ Education, Natural History, Women's Issues
- ☐ ☐ Ethics/Spirituality/Philosophy, Environment, Youth Development
- ☐ ☐ Health/Wellness, Religion, Service Industry
- ☐ ☐ Heritage Preservation, Social Services, Athletics/Sports
- ☐ ☐ Housing, Theatre Arts, Social
- ☐ ☐ Indoor Recreation, Transportation

Other _____

COMMUNITY RESOURCES DIRECTORY

3) Year founded _____ # of staff _____ # of members/volunteers _____

4) Membership Criteria/Fees _____

5) Please describe the purpose/aim of your organization (to improve...to promote...etc):

Briefly describe any opportunities/programs for volunteers that your organization provides:

6) Are your activities local/provincial/national/international (please circle).

7) Newsletter or publication

Title _____ Frequency _____

8) Please indicate if your organization provides any of the following resources to the community. (please circle):

- a) Produces original print or audio-visual educational resources;
- b) Supplies speakers or conducts workshops;
- c) Operates a resource library for public use;
- d) Other _____

9) Other comments/additional notes about your organization:

Thank you for your time in filling out this form. Please **email** it to: kmiller@sylvanlake.ca