Alberta Health Services' Community Helpers Program Annual Highlights April 1, 2022 – March 31, 2023

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Community Helpers Program (CHP) service providers across Alberta 535

New stakeholders serving Indigenous, newcomer, 2SLGBTQ+ populations

1,299

Participants completed the 3-hour condensed training

2,604

Participants completed the core 9-module training

After taking any CHP training, more than two thirds of survey respondents reported being more likely or much more like to:

Help youth work through a problem

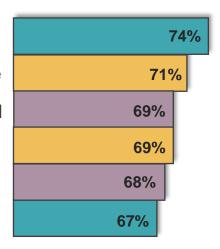
Approach youth who look like they are having a tough time

Identify personal limits and tell when overwhelmed

Access community resources for selves and for others

Identify situations in which confidentiality should be broken

Take care of oneself



After taking any CHP training, more than 70% of survey respondents agreed or strongly agreed that they felt confident to:



"[CHP] was very informative and help[ed] reassure things I have been doing when helping different individuals. I learned a lot about how to identify when someone might be in a stressful situation and how to be a helping hand. -Program Participant

