



Welcome to the Sylvan Lake Disc Golf Course

Made Possible By:

Town of Sylvan Lake
Recreation, Arts and Culture Community Grant 2019
Community Spirit Capital Grant 2019
Central Alberta Disc Golf Association | Volunteers from CADGA
More information available at: www.sylvanlake.ca/parks

Disc Golf Rules and Etiquette

Objective of the Game: Disc Golf is played like traditional ball golf, but with discs and baskets. You can choose to play nine holes or eighteen holes. One stroke is counted each time the disc is thrown, or a penalty is incurred. The objective is to play each hole in the fewest strokes possible. The players with the lowest total strokes for the entire course wins; or try to beat your own best score.

Safety First: Always wait for other park users before throwing; they have the right of way.

Course Courtesy:

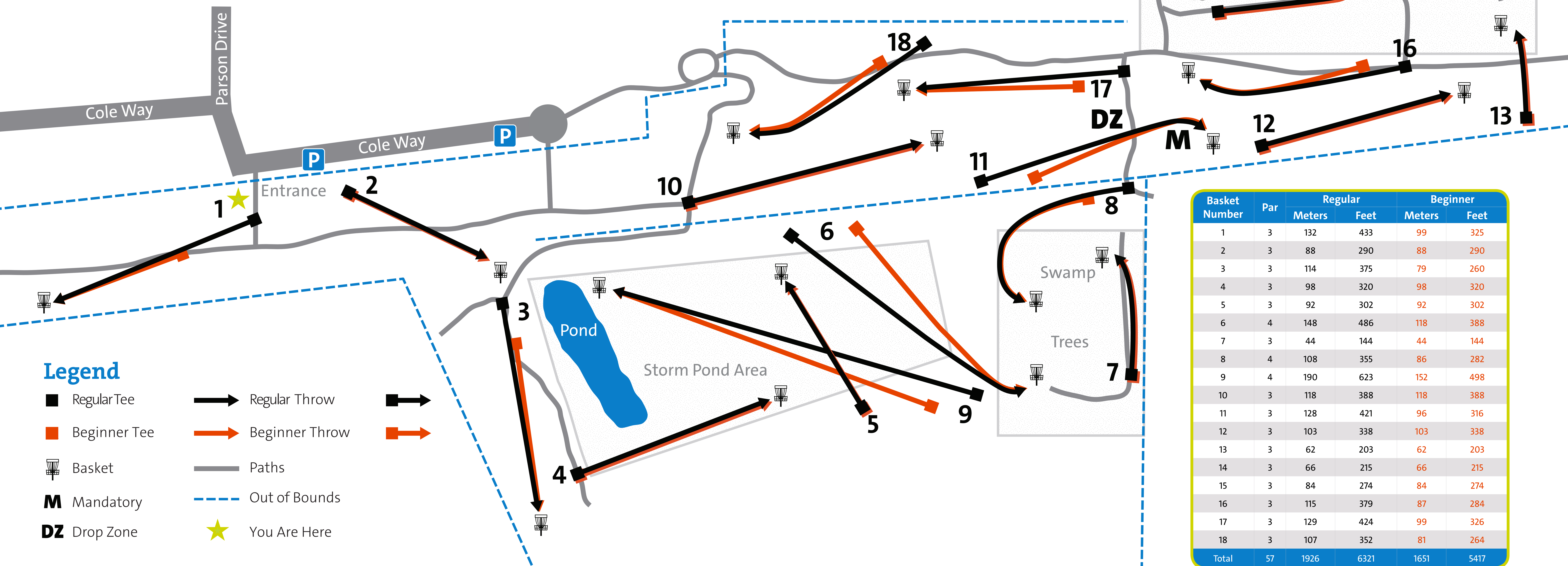
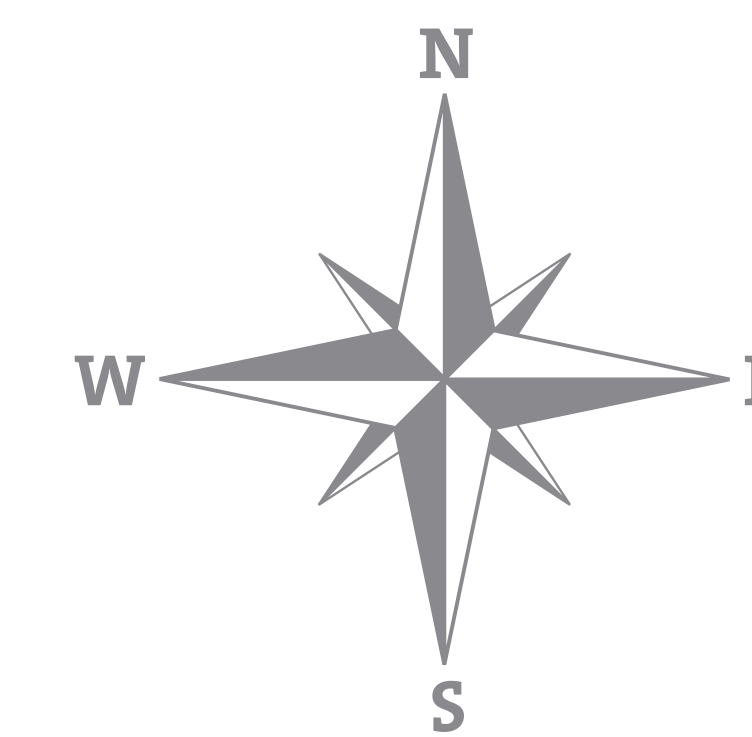
- Respect neighbours, other players, and park users.
- Do not alter the course in any way.
- Help new players learn the rules and how to play.
- Remain quiet and avoid moving while others are throwing.
- Stand behind the player who is throwing until throw is complete.
- Allow faster groups to play through when possible.
- Leave the course cleaner than you found it.

Official rules at: www.pdga.com

Throwing: Each hole begins with a tee throw. Look for the signs for tee locations.

Throwing Order: The player with the lowest score on the previous hole, is the first to tee off on the next hole. After teeing off, the player whose disc is the farthest away from the hole always throws first. Players on higher # holes have right of way over lower # holes.

Out of Bounds: Water hazards, public roads, back yards, fenced areas, paved pathways, and mulched areas are out of bounds (OB).



Basket Number	Par	Regular		Beginner	
		Meters	Feet	Meters	Feet
1	3	132	433	99	325
2	3	88	290	88	290
3	3	114	375	79	260
4	3	98	320	98	320
5	3	92	302	92	302
6	4	148	486	118	388
7	3	44	144	44	144
8	4	108	355	86	282
9	4	190	623	152	498
10	3	118	388	118	388
11	3	128	421	96	316
12	3	103	338	103	338
13	3	62	203	62	203
14	3	66	215	66	215
15	3	84	274	84	274
16	3	115	379	87	284
17	3	129	424	99	326
18	3	107	352	81	264
Total	57	1926	6321	1651	5417