

Walk n Talk



Are you a parent or caregiver with children 0-18? Want to meet other parents?

Join us for Walk n Talk! Get your steps in while making new friends and learning something new. We will have a family tip to share each week!

Tuesdays
January 7 - April 29

10:00 AM - 11:30 AM

NexSource Track
4823 49 Ave

Cost

\$2.00 drop in for adults
\$1.00 drop in for 2 & under
Free for NexSource members

For more information contact: 403 864 5583